

Weight →	90	95	100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180	184	188							
4'10"																												
4'11"			S/M																									
5'0"																												
5'1"																												
5'2"																												
5'3"																												
5'4"																												
5'5"																												
5'6"																												
5'7"																												
5'8"																												
5'9"																												
5'10"																												
5'11"																												
6'0"																												
Height ↑																												

Choose size based on current weight and height